

# NEWINGTON HIGH SCHOOL STUDENT-ATHLETE EXTRA ASSISTANCE



Student-athlete,

You are receiving this packet because you have a grade of a D or below in one or more of your classes. As a **student**-athlete you have an obligation to perform in the classroom before you can participate in athletics. In order to improve your grade in the specified classes **you will not be allowed to enter practice until you have attended an extra assistance session in the class you are performing poorly in.** This time is set for you to ask questions about areas of weakness, complete homework assignments, and study for upcoming quizzes and tests. **(The teacher is not obligated to allow you to make up assignments or create other assignments for you to complete.)**

At the end of each week there is a section on the form for the teachers to check if you have improved your grade. Once that grade has been verified by your coach you will be allowed to enter practice without this signed form. Please take advantage of this opportunity and use the time wisely. Below are the steps that you will need to follow in order to successfully complete your **Extra Assistance Form:**

- 1) Verify during class on practice days that your teacher will be available after school. **If the teacher is not available due to another obligation, have them check the box in the upper right hand corner. You will need to attend the Athletic Study Hall on that day and have the teacher sign and date your form.**
- 2) Go to the teacher after school and work independently or with the teacher to improve your academic standing. (Go to the Athletic Study Hall if teacher is not available due to prior meetings or other necessary obligations)
- 3) Have the teacher or Athletic Study Hall supervisor sign in the box for the day that you went for extra help.
- 4) Show the signed part of the form to your coach and begin to practice.

This program was created to improve the classroom achievement of all our student-athletes and we look forward to watching you grow in the classroom just as much as in your sport.

Thank you,  
*The Athletic Department*